

The Importance of Trust

<p style="text-align: center;"><i>Day 1</i></p> <p>Who do you trust? Why?</p> <p>Who are your closest relationships with?</p> <p>Trust means <i>assured reliance on the character, ability, strength, and truth of something or someone</i>. And it is essential to healthy relationships.</p> <p>Read John 2:23-25</p> <p>Who did Jesus trust?</p> <p>Read Proverbs 3:5</p> <p>According to Scripture who should we trust?</p> <p>Jesus didn't trust people. We are not even to trust ourselves because of our sinful nature. So, who can we trust?</p> <p>Building a relationship requires trust and we are called to trust God wholeheartedly with our lives.</p> <p>How is your relationship with God these days? Do you trust Him?</p>	<p style="text-align: center;"><i>Day 4</i></p> <p>Read Psalm 23:4</p> <p>According to this verse the shepherd had two tools. The staff was a long stick with a crook. Shepherds used it for balance and to retrieve sheep from dangerous situations. The shepherd's rod was different... shorter. It was used to defend against predators and to discipline wayward sheep.</p> <p>It is not too difficult to trust God uses His power like the crook of a shepherd's staff to keep us from harm and pluck us out of dangerous circumstances. But what about the rod? What about His discipline?</p> <p>Read Hebrews 12:4-9</p> <p>What benefits do you see to God's discipline in these verses?</p> <p>Do you find comfort in God's care and His discipline? Why or why not?</p>
<p style="text-align: center;"><i>Day 2</i></p> <p><i>The Lord is my Shepherd, I shall not want...</i> Psalm 23:1</p> <p>Trust and wanting go hand in hand.</p> <p>Read James 4:2</p> <p>Desires become unbalanced when we are not in right relationship with God. Our focus on what brings joy and peace can become skewed. It is a vicious cycle of wanting... getting... and then realizing we are left wanting more.</p> <p>It might be better to not want at all... to consider any desire we have untrustworthy. But this is not God's way.</p> <p>Read Psalm 37:4</p> <p>Name three things you desire most. Write them down.</p> <p>Is it possible to trust God alone to fulfill the desires you placed on your list? Imagine taking each one and placing it at the foot of the cross. Now let go... and trust.</p>	<p style="text-align: center;"><i>Day 5</i></p> <p>Read Psalm 23</p> <p>The Scripture is familiar, you may even know it by heart. Take a moment to read the Psalm in another version like The Message.</p> <p>What images of God float through your thoughts as you read?</p> <p>Where do you see yourself in these verses?</p> <p>Read John 10:11</p> <p>Jesus is our Good Shepherd willing to lay His life down for us. If we trust this to be true then we can trust Him with anything in our own lives.</p> <p>Is there something you have been holding back... not willing to trust God with?</p> <p>He will never leave us wanting, nor lead us the wrong way. His death on the cross proved His love for us. This is something to "hang your hat on"... to trust in with all your heart.</p>
<p style="text-align: center;"><i>Day 3</i></p> <p>The world pushes for leaders. Parents say to their children, "Be a leader, not a follower." There are leadership conferences and college scholarships given to those who show good leadership traits. The world wants leaders, people who can make their own way... follow their own arrow.</p> <p>Are you a leader or a follower? Why?</p> <p>Read Psalm 23:1-3</p> <p>We are called to follow.</p> <p>Read Luke 9:23</p> <p>Do you find yourself asking God to bless where you lead or do you trust Him to lead you? Ask God to show you how to be a good follower and begin to trust His leadership.</p>	<p style="text-align: center;"><i>Want to learn more?</i></p> <p>Sister Talk: Going Deeper is an extension of Sister Talk: Resuscitate Your Faith. You can find more on Trust by going to:</p> <p style="text-align: center;">SisterTalkFaith.com</p> <p>Scroll to the bottom and search Week 3/Day 1 Trust to review more information on Trust — Why It's Important.</p> <p>Sign up to receive blog posts by e-mail and each day's lesson will come straight to your inbox.</p> <p>Follow us on Instagram for encouragement along the journey at sistertalkfaith.</p>